



Ali Yavar Jung National Institute of Speech and Hearing Disabilities (Divyangjan)



Department of Empowerment of Persons with Disabilities (Divyangjan),
Ministry of Social Justice and Empowerment, Government of India, New Delhi)
IS/ISO 9001: 2015 Certified Organization

TOPIC: STRESS MANAGEMENT

Date: 27th August 2021

Time: 11am to 12pm

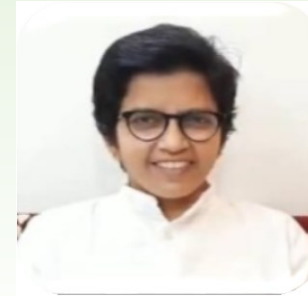
Patron



Dr. Suni Mathew

Director
AYJNISHD(D)

Speaker



U. Pratibha

Lecturer & I/c, Dept. Of Psychology
AYJNISHD(D)

Organised by AYJMHRH TEAM

<https://ayjnihh.webex.com/ayjnihh/j.php?MTID=ma7c75180903235ffa0b40dd23539b436>

24X7 Toll Free Mental Health Rehabilitation Helpline "KIRAN" 1800-599-0019